

# Spirit in Matter

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This painting was inspired by the idea of multiplicity and unity, which is conveyed by the ancient Buddhist/ Hindu symbol, the Sri Yantra, in the center. Triangles pointing opposite directions come together to create what could look like more triangles, but in reality creates one image of the whole. The central point of light in the painting is meant to symbolize the bindu, a point of unity, emergence, and disappearance of all things. This point also lies at the point of connection between the lower “earthly” half sphere of materiality, and the upper more “spiritual” realm that is not considered solidified. The intention of this connection was to evoke the sense or idea that all things are not separated. Life is connected: in all spirit, there is some bit of matter, and in all matter, there is some amount of spirit.